



**We want all our Cheerleaders to be able to showcase all their hard work this season. This is their Day!**

**Please note the following rules:**

- **No more than 22 cheerleaders on one team, However**
- **If you have 25 cheerleaders and 3 are Mascots, you will be fine.**
- **Dance and cheer is no less than 2:30, but no longer than 3 minutes.**
- **No more than three coaches on the floor.**
- **Seat your team in their designated areas (signs will be up)**
- **Warm-ups shall be done in the MPR – do not allow athletes to roam/walk the campus.**
- **No jewelry**
- **No fake nails – nail polish is okay, but remember appearance is scored.**
- **Stay on the mats (7) mats will be laid out – there will point deductions for stepping off the mats.**
- **Mascots cannot be flyers or bases in a stunt.**
- **Mascots can however be on top of a prep level stunt with a base.**
- **MUSIC MUST BE CLEAN (no explicit versions)**

## JUDGES SCORE SHEET

Team Name		
Candidate Number	Point Value	Score
Tumbling Technique	10	
Use of Space	10	
Overall Jumps	10	
Appearance (neatness)	5	
Spirit and Enthusiasm	10	
Voice and Projection	10	
Creativity	10	
Knowledge of Cheer	10	
Routine Technique	10	
Knowledge of Dance	10	
Entire routine Timing (2:30 - 3:00 min)	5	
Total	100	